

INDIVIDUAL SKILLS

July 9th-11th, Grades 6-12

This is a great camp to work on all of your volleyball skills. You will be taught individual skill technique and have the opportunity to practice your skills in individual, small group and team drills. The evening session will offer valuable game experience. All players will receive a camp T-shirt and camp hand book.

CAMP FEATURES

- ASC Coaches and players as instructors
- Low coach to player ratio
- Skill/Experience level division awards and prizes
- Certified athletic trainer on site
- ASC Volleyball team will supervise dorms

WHAT TO BRING

- Good court shoes
- Workout clothes
- Bedding, toiletries, towels (for overnights)
- Kneepads are recommended
- \$ for camp store if desired

**COPY OF SPORTS PHYSICAL AND
PROOF OF HEALTH INSURANCE**

Camp Director:

Lindy Mortensen

Coach Mortensen is in her 8th year as the head coach at Adams State. Prior to coaching at Adams State, she was the varsity coach at Cortez High School where her teams achieved a 60-0 league record winning streak. She has been "Coach of the Year" on 7 different occasions at the high school level and was Colorado's national nominee for "Coach of the Year" in 2004. Four of her past five ASC teams have achieved winning records, reaching the final four in the RMAC three of those years. Her teams have beaten 7 nationally ranked opponents and received votes for the AVCA to 25 Coaches' Poll for the first time in program history in 2009. Coach Mortensen has worked to expand ASC's summer camps to record numbers in 2011, reaching over 800 campers.

CAMP SCHEDULE:

Registration:
Monday, July 9th 8-10am
(Plachy Hall)
Sample Schedule for
Individual Camp:
Monday 7/9 10:00am-8:00pm
Tuesday 7/10 9:00am-8:00pm
Wed. 7/11 9:00am-4:00pm
**Camp will end at 4pm on
Wednesday July 11th*

COST:

Commuter: \$120
(Includes 5 meals)
Overnight Camper: \$175
(Includes 2 nights, Mon/Tues
and 7 meals)
Family Rate: \$105 (Commuter)
\$160 (Overnight Camper)
**Optional – Check-in Sun night
5-6pm (Additional \$15.00)*

REGISTRATION

Name _____
Address _____
City _____ State _____ Zip _____
Email _____
Phone (____) _____ Cell (____) _____
Grade(2012/2013) _____ School _____
Roommate Request _____
Emergency Contact _____ Phone(____) _____
Position (Circle one if known) S H DS T-shirt size S M L

I understand the camp directors, instructors, or ASC will not be held responsible for injuries while the listed student is attending the camp. I authorize the directors to secure any emergency treatment deemed necessary. The camp directors, instructors, or ASC will not be held responsible for the payment of this emergency treatment. Any hospital or doctor fees that are a result of camp injury will be the responsibility of the parents or camper's guardian. I also acknowledge the student is physically ready for the activity of camp.

Parent or Guardian Signature _____
Date _____

Please Check One

<input type="checkbox"/>	Commuter \$120 (\$50 Deposit)
<input type="checkbox"/>	Overnight Camper \$175 (\$50 Deposit)
<input type="checkbox"/>	Family Commuter \$105 (\$50 Deposit)
<input type="checkbox"/>	Family Overnight Camper \$160 (\$50 D)

*******DEADLINE IS JUNE 30TH*******

Please make checks payable to:
ASC Volleyball
Paid in full: _____ -or- Deposit _____

*Optional online registration
(additional fees apply):
www.AdamsStateVolleyballCamps.com

SEND PAYMENT TO:

Lindy Mortensen – Adams State Volleyball
208 Edgemont Blvd.
Alamosa, CO 81101